

Information for parents and healthcare professionals about perinatal death investigations

Resources for parents

The Stillbirth CRE together with the Stillbirth Foundation Australia and Red Nose have developed a range of parent-facing resources to support decision making around perinatal death investigations.

Please scan the QR code to access these resources for printing. Note, most resources listed are designed to be printed and provided to parents as a hard-copy resource. Most are not currently available to parents in digital format (e.g. to view on an app or tablet).

If you would like to receive a kit of printed resources, please contact the Stillbirth CRE via email: stillbirthcre@mater.uq.edu.au



- ***Guiding Conversations (parent version of the guideline)***. This booklet is a companion resource to the CASaND Guideline and specifically developed for parents. It is designed to support parents and assist healthcare professionals as they navigate difficult conversations and decisions around the time of a baby's death.
- ***Jiba Pepeny (Star Baby) (parent version of the guideline)***. This booklet is a companion resource to the CASaND Guideline and developed by Aboriginal people for Aboriginal people. This resource is to help Aboriginal people through the Sorry Business of losing their bub.
- ***Trying to find answers when your baby has died***. This two-page brochure describes the types and process of an autopsy to help parents understand their options and some of the decisions to be made.



- ***Understanding what happened to your baby***. This brochure is intended to help parents understand their options and some of the decisions to be made.
- ***Translated resources***. Booklets and videos about autopsy and investigation in Arabic, Chinese (simplified and traditional), Spanish, Vietnamese, Dari, Dinka, Hindi, and Karen.
- ***Understanding what happened to your bub***. This brochure is codesigned with First Nations people and is intended to help Indigenous and Torres Strait Islander peoples understand their options and some of the decisions to be made.
- ***Parents of loss***. This brief video (4.37 min) has been created by bereaved parents to help share common thoughts and feelings around stillbirth investigation and autopsy.

Resource for healthcare professionals

Discussing postmortem investigations with parents. This brochure outlines the importance of discussing postmortem investigations with parents, including descriptions of autopsy and alternatives to autopsy, barriers to autopsy consent, and information to have available when holding discussions. Available in **CASaND Guideline: [Appendix 6J](#)**