

Single tile posts

#letstalktiming

Let's talk timing of birth

The decision about the timing of your baby's birth should consider your own beliefs and preferences and be based on balancing the health benefits to you and your baby with any risks specific to your pregnancy.

Your midwife or doctor will discuss any questions you might have and **support you in this shared decision.**



FIND OUT MORE saferbaby.org.au

#letstalktiming

Let's talk timing of birth

Your baby continues to grow and develop right up to 39 to 40 weeks.

Being born as close as possible to your due date, and waiting for labour to start on its own, is usually best for you and the development of your baby.

FIND OUT MORE

everyweekcounts.com.au

saferbaby.org.au



#letstalktiming

Every pregnancy is unique.

The decision about the timing of your baby's birth should be based on balancing the health benefits to you and your baby with any risks specific to your pregnancy.

Speak to your midwife or doctor and **decide together the safest timing of birth** for you and your baby.



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Talk it through and decide what is best for you

The decision about the timing of your baby's birth should consider your own beliefs and preferences and be based on balancing the health benefits to you and your baby with any risks specific to your pregnancy.

Speak to your midwife or doctor and **decide together the safest timing of birth** for you and your baby.



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Let's talk timing of birth

Deciding whether to have a planned birth or wait for your baby to come is not always easy and is different for every woman.

Speak to your midwife or doctor and decide together the safest timing of birth for you and your baby.



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Multi tile posts

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Let's talk timing of birth

Deciding whether to have a planned birth or wait for your baby to come is not always easy and is different for every woman...

SWIPE



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While having your baby close to your due date and waiting for labour to start on its own is usually best...



...in some pregnancies, it may be safer to have a planned birth before labour starts.

SWIPE



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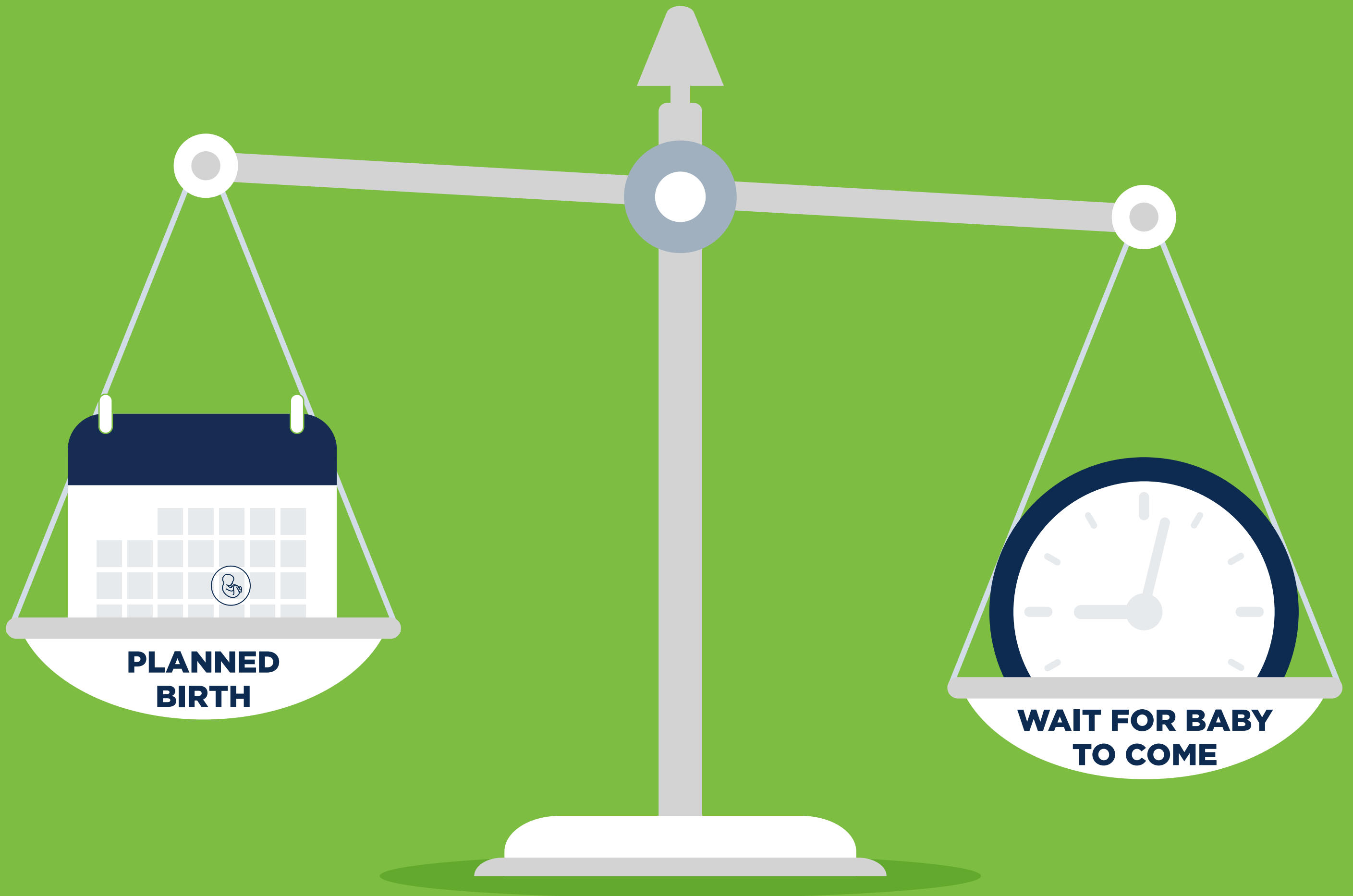
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Speak to your midwife or doctor and
**decide together the
safest timing of birth
for you and your
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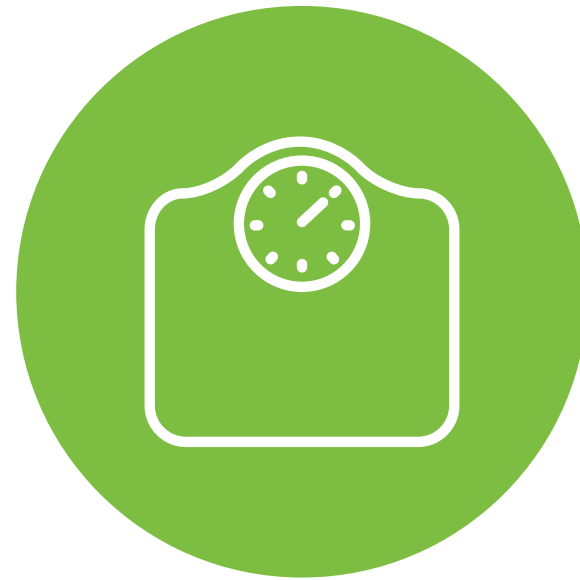


#letstalktiming

The chance of having a stillbirth is slightly higher for some women, including women who;



are older



are above a healthy weight range



continue to smoke



are having their first baby



are of some cultural groups or ethnicities



have conceived using IVF

It is important to remember the chance of stillbirth is **very low.**

SWIPE



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