



Smoking may increase the severity of COVID-19 infection. #Quit4baby is particularly important during the COVID-19 pandemic.

Safer Baby

WORKING TOGETHER TO REDUCE STILLBIRTH





#GrowingMatters.
**Your baby's growth
and movements remain
an important indicator
of their wellbeing
during COVID-19.**

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**Your baby's
#MovementsMatter.
Don't let COVID-19
impact your decision
to seek urgent medical
advice if your baby's
movements change.**

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We know mums-to-be are anxious during COVID-19. Remembering to #SleepOnSide after 28 weeks is one way to help keep your baby safe.

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The risk of having a stillborn baby is small for most women and there are ways to reduce that risk even further during COVID-19.

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