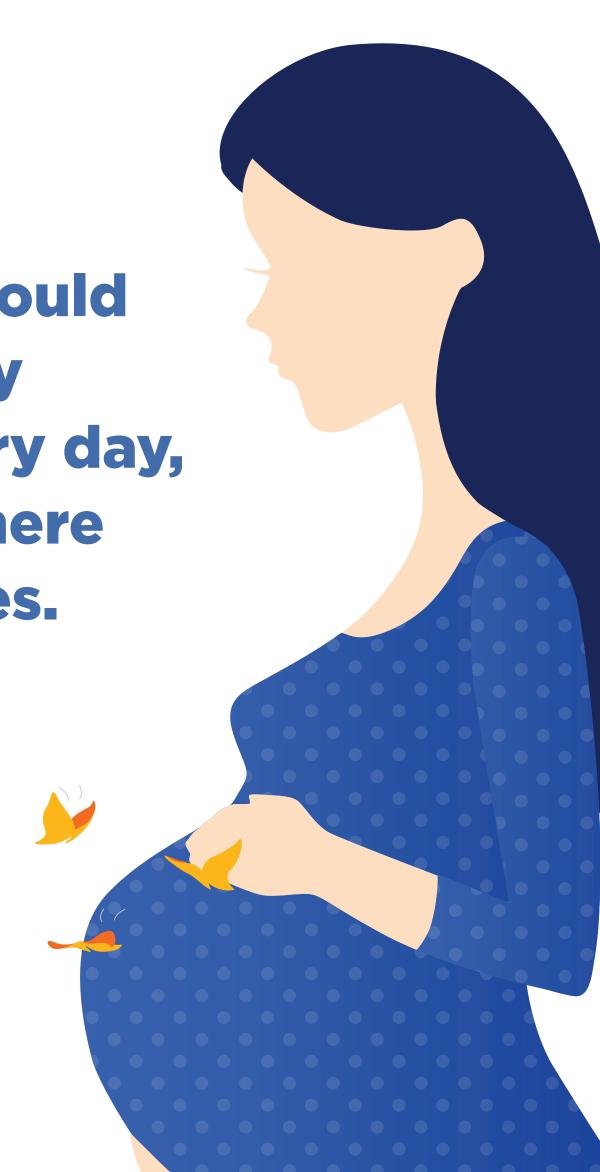
From 28 weeks onwards, you should feel regular baby movements every day, regardless of where your placenta lies.

It is easier to feel your baby's movements when sitting quietly or laying on your side, especially in the evening.



# Your baby's movements: matter.



# Your baby's movements: matter.



If you have questions about your baby's movements, you should discuss this with your maternity healthcare professional.







If you notice your baby is moving less and less, or the movements are not as strong, contact your maternity healthcare professional without delay.

If your baby's movements stop or slow down, it may be a sign that they are unwell...



### Call your maternity healthcare professional STRAIGHT AWAY!

### Can I make my baby move?

FIND OUT MORE saferbaby.org.au

SWIPE FOR ANSWER

## No, having something to eat or drink to stimulate your baby DOES NOT WORK!





If your baby's movements stop or slow down, it may be a sign they are unwell... call your maternity healthcare professional straight away.

# Do babies move less towards the end of pregancy?

FIND OUT MORE saferbaby.org.au

**SWIPE FOR ANSWER** 



# No, healthy babies continue to move every day right up until their birth.



If your baby's movements stop or slow down, it may be a sign they are unwell... call your maternity healthcare professional straight away.

### How many kicks is normal?



FIND OUT MORE saferbaby.org.au

**SWIPE FOR ANSWER** 



## Feeling the baby move regularly is a sign they are well.



If you notice your baby is moving less and less, or the movements are not as strong, contact your maternity healthcare professional straight away.

From 28 weeks onwards, you should feel regular baby movements every day. This is a sign your baby is well.

Which emoji best describes your baby's movements?



**KICK** 



FLUTTER









إذا تغير نمط حركة طفلك فقد يكون ذلك علامة على أنه ليس على ما يرام.

#### आपके शिशु की हलचल महत्व रखती है

यदि आपके शिशु की हलचल के पैटर्न बदलते हैं, तो शायद यह संकेत हो सकता है कि वह अस्वस्थ है। मृत बच्चे को जन्म देने वाली लगभग आधी औरतों ने ध्यान दिया था कि उनके शिशु की हलचल धीमी हो गई थी या रूक गई थी।



## I movimenti del tuo bambino sono importanti.

Se i movimenti abituali del tuo bambino cambiano, potrebbe essere segno di malessere.

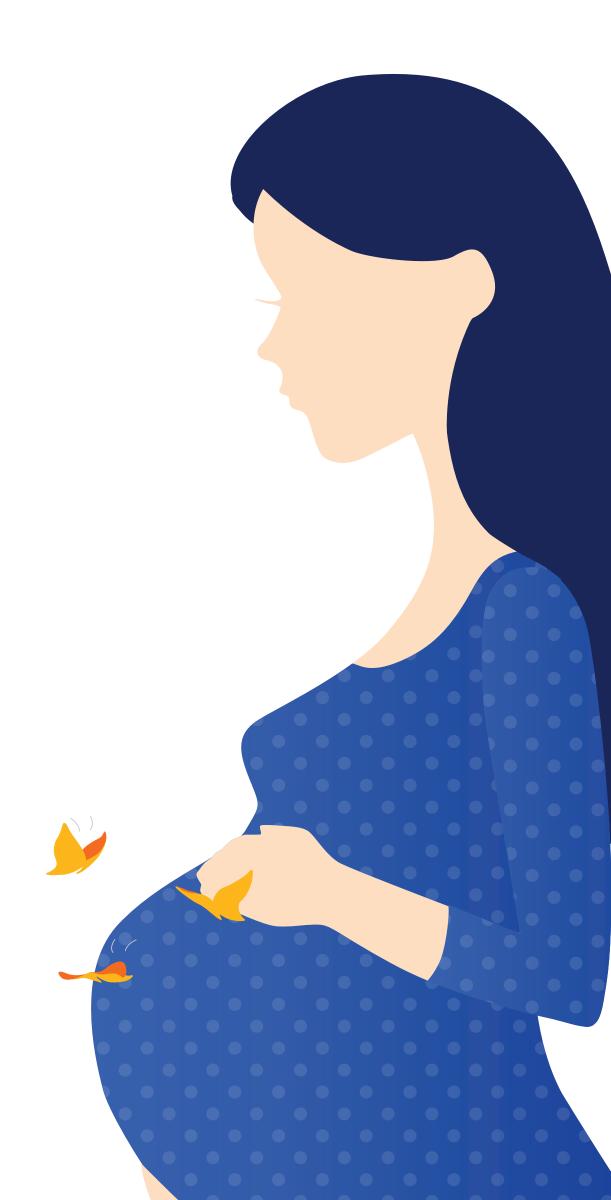


#### 태동이 중합니다.

태동의 패턴 변화 는 태아의 건강이 좋지 않다는 신호 일 수도 있습니다.

#### He Mea Nui Ngā Nekehanga a Tō Pēpi.

Ki te rerekē ngā ritenga nekehanga a tō pēpi, he tohu pea kei te māuiui ia.



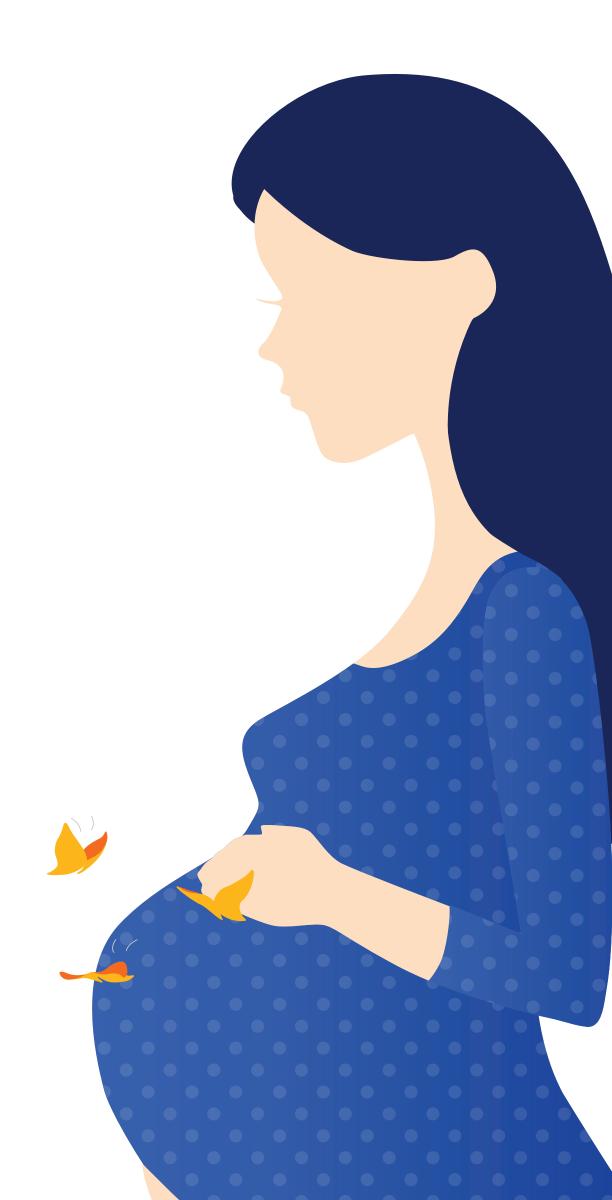
#### E Tāua Feminoia'iga a Lau Pepe.

Afai e suia le auala e masani ona minoinoi ai lau pepe, atonu o se faailoilo lena e le o malosi o ia.



#### 'Oku mahu'inga 'a e ngaue ho'o pēpē.

Kapau 'oku liliu 'a e sipinga ngaue ho'o pēpē, mahalo ko e faka'ilonga ia 'oku nau puke.



#### Cử Động Của Bé Mang Ý Nghĩa Quan Trọng.

Nếu chuyển động của bé ở trong bụng quý vị thay đổi, đây có thể là dấu hiệu cho thấy bé đang không khỏe.



### 胎动很重要

如果胎动规律发生 变更,这可能表明 他们身体不适。

#### 胎動很 重要

若胎動規律發生變更,這可能表明他們身體不適。

#### Los movimientos de su bebé son importantes.

Si el patrón de movimientos de su bebé cambia, puede ser una señal de que el bebé no está bien.

