

#GrowingMatters

Your baby's growth matters.



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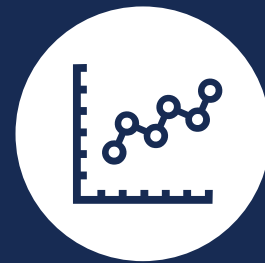


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Even though all pregnancies are different, a healthy rate of growth for your baby is important.



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An important part of pregnancy care is to attend all your antenatal appointments to **monitor** the growth of your baby.



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What is a healthy rate of growth for my baby?

Every baby is different, so a healthy rate of growth will be individual to you. Attend all your antenatal appointments to assess, measure and monitor your baby's growth.

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What can I do to **monitor** my baby's health?

It is important to attend all your antenatal appointments to check your baby's growth. Feeling regular movements is a sign that your baby is well.

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Why does growth matter?

**An important part
of pregnancy care is
to attend all of your
appointments to monitor
the growth of your baby.**

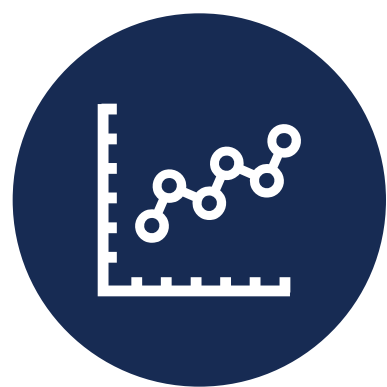
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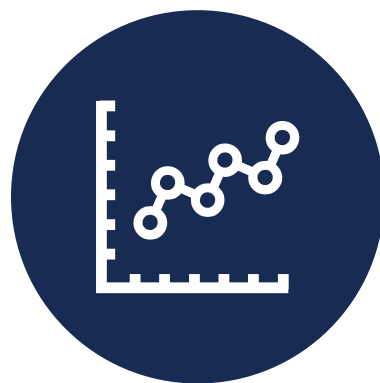


A stylized illustration of a woman's profile in black and brown tones, facing right. Inside her silhouette, a blue area contains a white silhouette of a fetus. Below this, a series of smaller white fetus silhouettes are arranged in a line, increasing in size from left to right, set against a light blue background.

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**All pregnancies
are different.**

**What's most important
is a healthy rate of
growth for your baby.**



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The Safer Baby program recommends you attend all your antenatal appointments to **assess, measure and monitor** your baby's growth to reduce your risk of stillbirth.



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At each antenatal visit from 24 weeks onwards, your baby's growth will be measured and plotted on a growth chart.

The Safer Baby program recommends you attend all your antenatal appointments to assess, measure and monitor your baby's growth to reduce your risk of stillbirth.

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