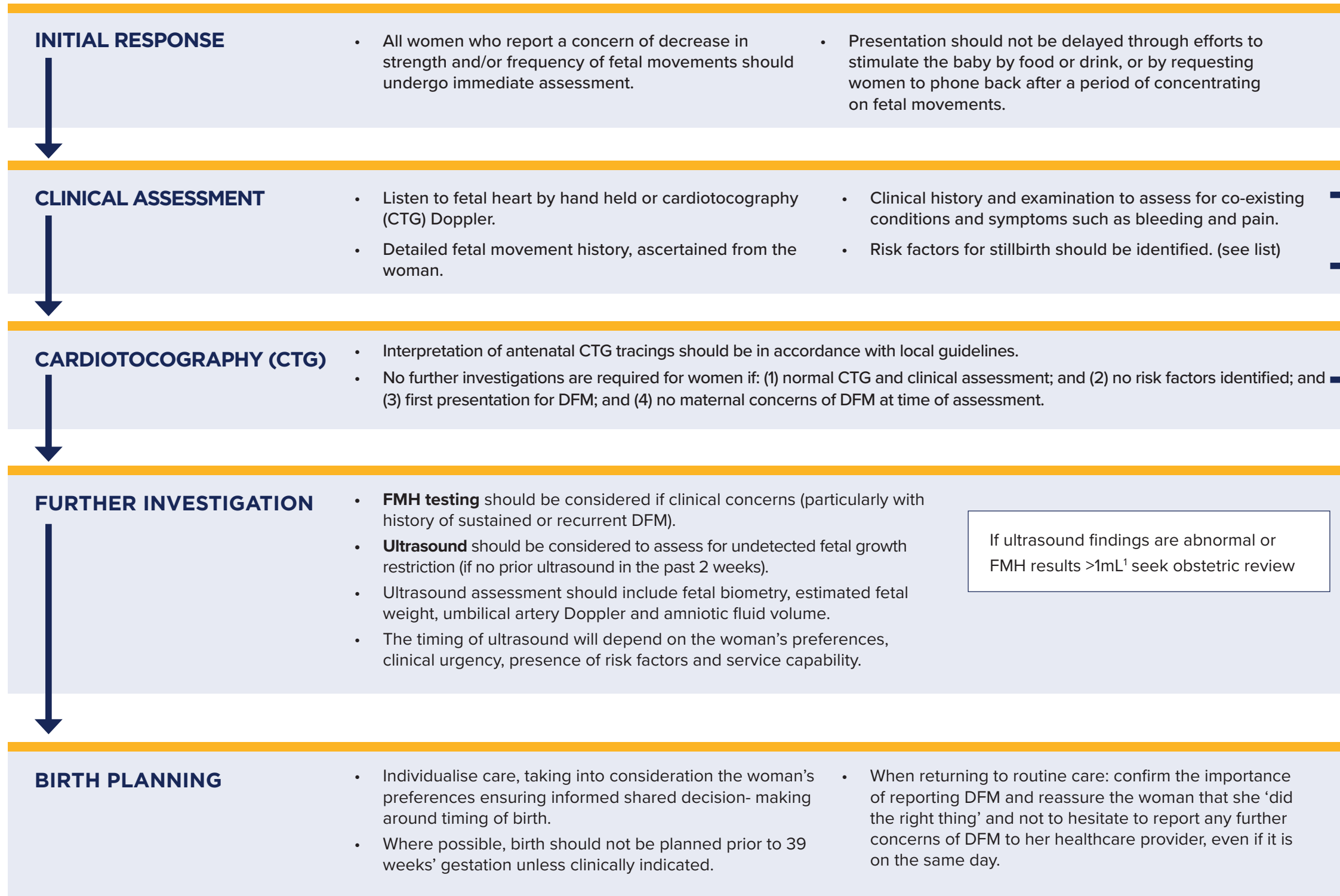


Decreased Fetal Movement (DFM) Care Pathway

for women with singleton pregnancies from 28+0 weeks' gestation



If no fetal heart heard:

- Seek urgent obstetric review
- Confirm fetal death with ultrasound
- Manage as per Clinical Practice Guidelines for Care Around Stillbirth and Neonatal Death <https://bit.ly/2WzoSnF>

Medical consultation is required in the presence of any concerning findings including pre-existing medical conditions

If CTG findings are abnormal, seek urgent obstetric review.

Risk factors for stillbirth

- Maternal age >35 years
- Maternal smoking
- Overweight and obesity
- Nulliparity
- Assisted reproductive technology
- Alcohol and other drug use
- Aboriginal or Torres Strait Islander, Pacific, African and South Asian ethnicities
- No antenatal care
- Low education
- Low socioeconomic status
- Previous stillbirth
- Pre-existing diabetes
- Pre-existing hypertension
- Pre-eclampsia
- Small for gestational age (<10th centile)
- Post term pregnancy (>41 weeks)

*If women have a concern of DFM prior to 28 weeks' gestation, they should be advised to contact their healthcare provider. There is currently insufficient evidence to inform the management of women who report DFM prior to 28 weeks' gestation.
1. Wylie BJ, D'Alton ME. Fetomaternal hemorrhage. Obstet Gynecol 2010; 115(5): 1039-51.

Disclaimer: This DFM Care Pathway is for general guidance only and is subject to a clinician's expert judgement. The DFM Care Pathway should not be relied on as a substitute for clinical advice.

Smoking Cessation
Supporting women to stop smoking in pregnancy.
#Quit4Baby

Fetal Growth Restriction (FGR)
Improving screening and surveillance for fetal growth restriction.
#GrowingMatters

Decreased Fetal Movements (DFM)
Improving awareness and management of decreased fetal movement.
#MovementsMatter

Side Sleeping
Improving awareness of maternal safe sleeping position.
#SleepOnSide

Timing of Birth
Improving decision-making around timing of birth for women with risk factors.
#LetsTalkTiming